

## Blessing Bag Instructions

Thank you for volunteering your time for this wonderful ministry opportunity! Just as God provides for us, so too are we to provide for others.

Some things to note for Blessing Bag assembly...

- A typical bag includes the following:
  - Gallon sized Ziploc bag for the bag itself
  - The Way Home information sheet (St. Luke's can provide or you can print) [here](#).
  - Bottle of water (8 oz. recommended)
  - Granola bar
  - Plastic container of non-perishable fruit
  - Ready-to-eat canned meat (preferably chicken or other non-pork), cans that don't require a can opener
  - Plasticware packet.
  - 2-3 small peppermints
  - Personal note of encouragement
  - Any other items your group may wish to contribute—keep in mind what would be useful to someone who is homeless (nothing that could melt, no immediate expiration date, etc.)

- Please pray over the bags after you have assembled them. Below is a suggested prayer:

*God, you have a special love for those who are the least of these. Lead us to realize your heart for all who are vulnerable, especially homeless brothers and sisters we encounter. We pray your blessing over these Manna Bags. Just as you provided for the Israelites with Manna in the desert, so too do you provide for us. We pray that the people who receive these would likewise feel your presence, provision, and love. Amen.*

- You can deliver these bags to the homeless yourself, a neighboring church or to St. Luke's. If you are preparing these for St. Luke's to distribute, place them near Will Call and let Karen McCarver know at [kmccarver@stlukesmethodist.org](mailto:kmccarver@stlukesmethodist.org).

Thank you!